



College Prep Lower School - Fine Arts

**Pre-K Distance Learning Plan
Week of March 30-April 13**

Explore with Enthusiasm as many of these activities as you are able! Text your child's teacher a short video or photo of your child doing at least one activity by Friday, April 3.

Monday			
<p><i>Early Literacy</i></p> <p>Watch the KIPP SHARP videos on how to access your child's Google Classroom. Reach out to your child's teacher if you need help.</p>	<p><i>Foundational Math</i></p> <p>Make snack time into learning time with this activity, Snacktime Counting</p>	<p><i>Fine Motor</i></p> <p>Have your child draw a self-portrait and practice writing their first and last name.</p>	<p><i>Social/Emotional</i></p> <p>Read Why Can't I Go To School to reassure your child. During these uncertain times, teaching a child simple, age appropriate information can help soothe worry!</p>
Tuesday			
<p><i>Early Literacy</i></p> <p>Select a book to read aloud to your child. If you don't have any books, they can watch one of these PREK read-alouds on YouTube.</p> <p>Have them draw a picture in response to this question:</p> <p>What was your favorite part of the story? Why?</p>	<p><i>Foundational Math</i></p> <p>Practice counting with your child with this book Chicka Chicka 1, 2, 3.</p> <p>Send a video of them counting to their teacher.</p>	<p><i>Fine Motor</i></p> <p>Encourage independence with this activity, All By Myself Read a book about doing things all by yourself or watch this YouTube video of a story by author Mercer Mayer.</p>	<p><i>Social/Emotional</i></p> <p>Practice S.T.A.R Breathing.</p> <p>S-smile T-take a deep breath A-and R-relax</p> <p>This kind of belly breathing is wonderful for dealing with big feelings. I can help children slow down and feel calm!</p>

Wednesday

<p><i>Early Literacy</i></p> <p>Listen to this read- aloud Chicka Chicka Boom Boom</p> <p>Have them draw a picture in response to this question:</p> <p><i>Letter A</i> liked to play with his letter friends in the tree; what do you like to do with your friends?</p>	<p><i>Foundational Math</i></p> <p>Find things in your home to create a pattern! You can choose an AB pattern, AAB pattern or an AABB pattern!</p> <p>Check out the Pattern Play Activity on CLI Website.</p>	<p><i>Fine Motor</i></p> <p>Writing every day is important for fine motor skills and for early writing development. Have your child Draw and write in a journal every day.</p>	<p><i>Social/Emotional</i></p> <p>Revisit the story, Why Can't I Go To School to comfort your child. Read this social story often to help your child cope with this new experience!</p>
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Thursday

<p><i>Early Literacy</i></p> <p>Listen to this read- aloud The Three Billy Goats Gruff Can you pretend to be the Big Billy goat and trip trap with your hooves? Can you pretend to be the troll and say "who's that trip trapping on my bridge?"</p> <p>Goats, Gruff and Goldilocks all start with G. The letter G is tricky because it makes 2 sounds.</p> <p>Practice making the "hard G" sound like you hear at the beginning of goat. Look around your house to find things that start with the letter G.</p>	<p><i>Foundational Math</i></p> <p>Walking through your home, count the number of windows, doors, and mirrors that you find.</p> <p>What shape are all of these things? Which do you have the most of? Which do you have the least of?</p>	<p><i>Fine Motor</i></p> <p>Practice writing your first and last name.</p> <p>Practice pointing and naming each letter in your name</p>	<p><i>Social/Emotional</i></p> <p>Play Daniel Tiger's Guess the Feeling. This game is great for helping little ones label their emotions. There are no right or wrong answers, this is simply to help them name how they are feeling!</p>
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Friday

Early Literacy

Listen to this read-aloud [The Little Red Hen](#)

Hen and help both start with the letter H. Practice making the quiet H sound like you hear at the beginning of hen. Look around your house to find things that start with the letter H.

Foundational Math

Try the [Number hunt!](#) activity from CLI website!

Show your child a number (magnetic or written on a piece of paper) and help them find the same number of items! Keep playing using different numbers as long as the child is engaged!

Example:

Child sees the number 4 and you help them find 4 things!

Fine Motor

The hen ground her wheat into flour to make the bread. Pour a little bit of flour into a shallow pan. Use your finger (or a wooden spoon) to practice writing lines, letters and maybe even your name in the flour tray.

Check out the [Sensory Writing Tray](#) activity from PRE-K Pages!

Social/Emotional

Ask your child to find an item that is their favorite color! Allow them to share their special item with you. Strengthening connections is so important during times like these!

Letting kids feel seen and heard can help them feel empowered while facing a new challenge!



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